

# CAMBRIDGE CHALLENGE 2023

## Finał 1. etap – 5.04.2023 r.

I Read the text and circle the correct answer.

### FOMO

Everybody knows how important it is for students to get a good night's sleep every night. You aren't able to do your best and keep up with all of your responsibilities unless you sleep well. I'm sure you already know that you should go to bed at a reasonable hour. Most experts agree that the optimum number of hours is eight, and this has been accepted as common sense for as long as I can remember. However, I was young once and I know that most of you get much less sleep than that – and in some cases it will be affecting your schoolwork.

I read an interesting article in a teachers' magazine recently. They did a study of 848 students in Wales. Worryingly, the results showed that teenagers are facing a new problem. They may go to bed and get up at appropriate times but a growing number are waking up in the middle of the night, not to use the bathroom or have a snack but because of a new phenomenon: *FOMO* – *fear of missing out*!

According to the article, schoolchildren are suffering because of a growing trend to wake up during the night to check social media. Afraid of missing a comment or opportunity to take part in a chat, teenagers are waking at all times of the night, going online and getting involved. All this when they should be sound asleep.

Experts are worried about this growing trend and the report reveals some worrying statistics that I'd like to share with you:

- **23% of 12 to 15-year-olds** wake up nearly every night to use social media. Another 15% wake up at night once a week for the same reason.
- **One in three students** are constantly tired and unable to function to their full capacity.
- **Students who use social media during the night** are more likely to suffer from depression and anxiety.

So, I'd like to ask you to be responsible when it comes to social media. Be brave! Switch off your devices at night. The world won't end and your social media will be waiting to greet you in the morning! I give you my word that you won't have missed anything important.

Adapted from <https://learnenglishteens.britishcouncil.org>

- |   |     |
|---|-----|
| 1. The writer is concerned about what he has read in the press.                           | T F |
| 2. The research shows that the school children are tired, because they get up too early.  | T F |
| 3. FOMO is the anxiety about not having the latest technology.                            | T F |
| 4. Nearly a quarter of 12 to 15-year-olds wake up to use social media almost every night. | T F |
| 5. Students who use social media during the night are more likely to be depressed.        | T F |

II Choose the correct answer.

6. When is Saint George's Day?

- a) 30 November
- b) 23 April
- c) 1 March
- d) 17 March

7. What do people wear on Remembrance Day?

- a) a poppy
- b) a shamrock
- c) a wristband
- d) a green hat

8. What is the name of the highest mountain in Wales?
  - a) Slieve Donard
  - b) Ben Nevis
  - c) Scafell Pike
  - d) Snowdon
9. Which Irish hero is said to have built the Giant's Causeway?
  - a) Finn McCool
  - b) Saint Patrick
  - c) Saint Bridgid
  - d) The Dagda
10. According to the legend a/an \_\_\_\_\_ inspired King Robert the Bruce to continue his fight against England.
  - a) bee
  - b) fly
  - c) spider
  - d) ant
11. Which 700-year-old ancient tradition takes place at the Tower of London every night at 9.30 pm?
  - a) the polishing of the Crown Jewels
  - b) the ceremony of the keys
  - c) the Beefeater night walk
  - d) the calling of the raven
12. The Battle of Trafalgar was fought between the British Royal Navy and the combined fleets of: \_\_\_\_\_.
  - a) France and Spain
  - b) France and Germany
  - c) Germany and Spain
  - d) Spain and Italy
13. The Battle of Waterloo, in which Duke of Wellington and his army defeated Napoleon Bonaparte, took place in:
  - a) 1069
  - b) 1805
  - c) 1815
  - d) 1916
14. Which sentence is **NOT** true about Elisabeth I?
  - a) She was a polyglot and was fluent in English, French, Italian and Latin.
  - b) Her mother was Anne of Cleves.
  - c) She was known as the Virgin Queen.
  - d) Elizabeth's reign is often considered a golden age in British history.
15. Match the person with the right invention.
 

1. William Addis	a) fire extinguisher
2. Edward Jenner	b) toothbrush
3. Ada Lovelace	c) programming
4. Captain George Manby	d) vaccines

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_
16. Boil the pasta first and then drain it using a \_\_\_\_\_.
  - a) colander
  - b) corkscrew
  - c) cutlery
  - d) chopstick
17. Put (a) \_\_\_\_\_ under your cup so that your drink does not spill on the table.
  - a) sauce
  - b) saucer
  - c) saucepan
  - d) sauce plate
18. Kate is the spitting image of her mother, the same curly hair and \_\_\_\_\_ eyes.
  - a) slender
  - b) lean
  - c) bushy
  - d) hazel
19. When I travel I always book (a/an) \_\_\_\_\_ bedroom .
  - a) sauté
  - b) en suite
  - c) suit
  - d) sort

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20. On our way to the airport, we had a \_\_\_\_\_ tyre and we missed the plane.  
a) spare  
b) rear  
c) tear  
d) flat
21. For our next holiday, we booked a full \_\_\_\_\_ hotel.  
a) catering  
b) inclusive  
c) board  
d) dining
22. If you wait at the taxi \_\_\_\_\_, I'll pick you up in a few minutes.  
a) terminal  
b) track  
c) station  
d) rank
23. What can you get from an ATM?  
a) money  
b) luggage  
c) snacks  
d) beverages
24. There were several people waiting in a long \_\_\_\_\_.  
a) checkout  
b) counter  
c) cashier  
d) queue
25. I got a really nice old chair at the flea \_\_\_\_\_ last Saturday.  
a) deli  
b) store  
c) market  
d) butcher's
26. The old clock in the city centre \_\_\_\_\_ in 1990 and \_\_\_\_\_ since then .  
a) stopped/ hasn't worked  
b) has stopped/ isn't working  
c) had stopped/ wasn't working  
d) stops/ doesn't work
27. Mark \_\_\_\_\_ eat vegetables, but now he does.  
a) used to  
b) didn't use to  
c) doesn't  
d) hasn't
28. They were happy to hear that \_\_\_\_\_ the prize.  
a) they were winning  
b) they have won  
c) they had won  
d) they win
29. I think my sister \_\_\_\_\_ a dancer one day.  
a) becomes  
b) is becoming  
c) will become  
d) has become
30. Complete the sentences with the right preposition:  
a) Amy is allergic \_\_\_\_\_ nuts and dairy products.  
b) Bob is really fond \_\_\_\_\_ swimming.  
c) When I go shopping, I usually pay \_\_\_\_\_ cash.  
d) Do you really want to go there \_\_\_\_\_ foot?
31. **Nie musisz** \_\_\_\_\_ help me, I can do it on my own.  
a) You mustn't  
b) You shouldn't  
c) You might not  
d) You don't have to
32. **Ona miała** \_\_\_\_\_ eighteen years old when she moved abroad.  
a) She was  
b) She has been  
c) She had been  
d) She had
33. Can you tell me **która jest godzina?**  
a) what time it has been  
b) what time it will be  
c) what time is it  
d) what time it is

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34. Czy przeczytałeś \_\_\_\_\_ the book I lent you yet? I need it back.  
a) Have you read  
b) Had you read  
c) Did you read  
d) Were you reading
35. Linda została zabrana to hospital the day before yesterday.  
a) is taken  
b) was taken  
c) has been taken  
d) had been taken
36. He (nie grał na skrzypcach) \_\_\_\_\_ since he left school.
37. What (byś powiedział) \_\_\_\_\_ if you saw your favourite rock star?
38. (Nigdy nie byłem) \_\_\_\_\_ such an amazing concert!
39. (Poczęstuj się) \_\_\_\_\_ a piece of cake.
40. You are not as tall (jak myślałem) \_\_\_\_\_ you are.